



# Baldivis Primary School Canteen Winter Menu Term 2 and 3 - 2022

Canteen Supervisor - Kerri Hearn

Telephone 9523 5712 or after hours 0402 045 465

Please place orders before 9.00am - late orders will received limited choice.

Online ordering [www.quickcliq.com.au](http://www.quickcliq.com.au) or cash sales over the counter before school

**WE ARE OPEN EVERY DAY OF THE WEEK - TURN OVER FOR MORE MENU ITEMS**



HOT FOOD EVERY DAY	
(G) Corn on the Cob	\$ 1.20
(G) Hot Chicken & Mayo Roll	\$ 4.00
(G) Hot Ham and Cheese Roll	\$ 4.00
(G) 1/2 Roll Ham or Chicken	\$ 2.50
(G) Lasagne	\$ 4.20
(G) Macaroni Cheese Homemade	\$ 4.20
(G) Fried Rice Homemade Gluten Free	\$ 4.20
(G) Pasta Bolognese Homemade	\$ 4.20
(G) Homemade Soup with Buttered Bread	\$ 4.00

TOASTED SANDWICHES	
Available every day	
(G) Cheese/Tomato	\$ 3.50
(G) Cheese/Vegemite	\$ 3.50
(A) Ham or Chicken	\$ 3.00
(G) Ham/Cheese	\$ 4.00
(G) Ham/Cheese/Tomato	\$ 4.50
(G) Ham/Cheese/Mayo	\$ 4.50
(A) Chicken/Mayo	\$ 3.50
(G) Chicken/Cheese	\$ 4.00
(G) Vegemite	\$ 3.00
(G) Baked Beans	\$ 4.00
(G) Spaghetti	\$ 4.00
<b>Pineapple add 50 cents</b>	
<b>Gluten Free available please ask</b>	

## DAILY SPECIALS

MONDAY	
(G) Toasted Turkish Roll with Chicken Cheese, Mayo and Baby Spinach	\$ 5.50

TUESDAY	
(G) Butter Chicken with Rice	\$ 5.00
(A) Beef Nachos	\$ 5.00

WEDNESDAY	
(A) Chicken Nuggets with Sauce (Tomato or Sweet and Sour)	\$ 4.50

THURSDAY	
(A) Hot Dog with Sauce	\$ 4.00
(A) 1/2 Hot Dog	\$ 2.50
Add Mustard	\$ 0.50

FRIDAY	
(A) Sausage Roll	\$ 3.50
(A) Beef Pie	\$ 4.50
(A) Vegetable Pastie	\$ 4.50

(G) Tomato or Sweet and Sour Sauce	\$ 0.50
(G) Mayonnaise or Salad Dressing	\$ 0.50

SANDWICHES/ROLLS/WRAPPS		
	S/wich	Roll/Wrap
(A) Ham or Chicken	\$ 3.00	\$ 3.50
(G) Cheese	\$ 3.00	\$ 3.50
(G) Salad	\$ 3.50	\$ 4.00
(G) Egg or Curried Egg	\$ 3.00	\$ 3.50
(G) Tuna	\$ 3.50	\$ 4.00
(G) Vegemite	\$ 2.50	\$ 3.00

ALL EXTRAS	
(G) Cheese	\$ 1.00
(G) Salad	\$ 1.50
(G) Tomato/Lettuce/Carrot	\$ 0.50
(G) Beetroot/Onion/Pineapple	\$ 0.50

SALAD TRAYS	
(G) Salad	\$ 3.20
(G) Plus Tuna or Quiche	\$ 5.20
(G) Plus Ham or Chicken	\$ 5.20
(G) Plus Crumbed Fish or 3 Nuggets	\$ 5.20
(G) Plus Egg or Cheese	\$ 5.20
(G) The Big Lunch Box	\$ 6.50
1/2 sandwich, boiled egg, cheese and rice crackers, Fruit, vege sticks, popcorn, small muffin	
<b>All Salad Plates come with cutlery, Dressings and Buttered Bread</b>	

### RECESS ITEMS

(A) Chilli Chicken Tender	\$ 1.50	(A) Apple and Custard Scroll	\$ 1.50	(A) BBQ Vege Chips (GF)	\$ 1.50
(A) Hash Brown or Hot Wheel	\$ 0.50	(A) Banana Bread	\$ 1.50	(G) Cheese and Crackers (Rice) GF	\$ 1.00
(A) Plain Chicken Tender	\$ 1.50	(A) Chocolate Mousse	\$ 1.50	(G) Fresh Seasonal Fruit	\$ 1.00
(G) Cheesie	\$ 1.50	(A) Large Muffins (assorted flavours)	\$ 1.00	(G) Pizza Scroll	\$ 1.50
(G) Quiche	\$ 1.00	(A) Small Muffins or ANZAC Biscuit	\$ 0.50	(G) Popcorn (Air Popped) GF	\$ 0.20

### DRINKS

(G) 600ml Water	\$ 2.00	(G) Hot Milo (Students to collect)	\$ 2.00
(A) Orange Juice	\$ 2.00	(G) Plain Milk	\$ 1.50
(A) Apple Juice	\$ 2.00	(G) Choc Chill	\$ 3.00

### AFTER LUNCH ONLY

(A) Chocolate or Railbow Billabong	\$ 2.00
(A) Vanilla Bucket	\$ 2.00
(A) Icy Pole	\$ 1.00

## PARENT INFORMATION

### TRAFFIC LIGHT SYSTEM

Introduced by the Sate Government in 2006, is a policy and standards for healthy food and drink choices provided for students in canteens. Canteen menus must comply with the minimum standards of 60% green items suitable for everyday choices and 40% amber items recommended as occasional choices.

Red items must be removed from the menu.

### FOODSAFE AND COVID

Our canteen is affiliated with the WA School Canteen Association and meets all food handling requirements as set out by the City of Rockingham Foodsafe Program. Our Staff have also completed all relevant training courses recommended by the Education Department and the AHA (Hospitality and Tourism).

### REHEATING OF FOOD

Due to Health and Safety regulations we are unable to reheat food brought from home.

### ALLERGIES

With the increase in food allergies it is difficult to cater for everyone. If your child has an allergy please come and see us. We do have a number of items that cater for allergies such as eggs, nuts and soy. Medical information provided to the school is not passed on to the P & C as it violates confidentiality laws. This menu has been compiled by the members of the Baldvis Primary School P & C using the WA School Canteen Association, FoodSafe and the AHA for guidelines. The committee welcomes any suggestions for future menus from parents, staff and families.

### VOLUNTEERS

Your canteen cannot run efficiently without the help of parent volunteers, if you have some spare time please contact the canteen for further information on some of things that you might be asked to help with. Any assistance is greatly appreciated and helps keep costs down.

**The Baldvis Primary School Canteen is owned and operated by the Baldvis Primary School P & C Assoc Inc**

**The Baldvis Primary School Canteen is a Not For Profit Canteen**